


**B1, B2 and B...
Ready!**

April N. Justice, R.N.
Infectious Disease Control Consultant
Ohio Department of Health

September 25, 2018

Contact Information

April N. Justice, RN
Ohio Department of Health
Bureau of Infectious Diseases
(614) 644-8150
April.Justice@odh.ohio.gov



Objectives

- Understanding the process of Immigration and Refugee Notifications
- Recognize TB classifications
- Discuss changes to the immigrant/refugee TB medical evaluation process
- Identify the TB high-burden countries

What are Immigrants and Refugees?



What is an Immigrant?

An immigrant visa (IV) is issued to a person wishing to live permanently in the U.S.

If person is in the U.S., they do **not** have to apply for an immigrant visa. Instead, they will [apply for a Permanent Resident \(Green\) Card](#) through an [adjustment of status](#). The advantage of this is that the person won't have to return to their home country to complete visa processing.

If person is outside the U.S., they will apply for an [immigrant visa](#) through [consular processing](#) with a U.S. Department of State embassy or consulate abroad.



Immigration to the U.S.

Pathway to U.S. Citizenship

For an adult immigrant to become a U.S. citizen, he or she must go through the process of naturalization. GENERAL requirements for naturalization call for the immigrant to:



Form N-400, Instructions to Applicant
 USCIS Form Line 1 800 879 3676
 © USCIS Customer Service 1 800 375 5283

<https://www.uscis.gov/citizenship/>



What is a Refugee?

Under United States law, a refugee is someone who:

- Is located outside of the United States
- Is of special humanitarian concern to the United States
- Demonstrates that they were persecuted or fear persecution due to race, religion, nationality, political opinion, or membership in a particular social group
- Is not firmly resettled in another country
- Is admissible to the United States

There is no fee to apply for refugee status. The information provided is not be shared with home country.

If approved as a refugee, person receives a medical exam, a cultural orientation, help with travel plans, and a loan for travel to the United States. After arrival, person is eligible for medical and cash assistance.



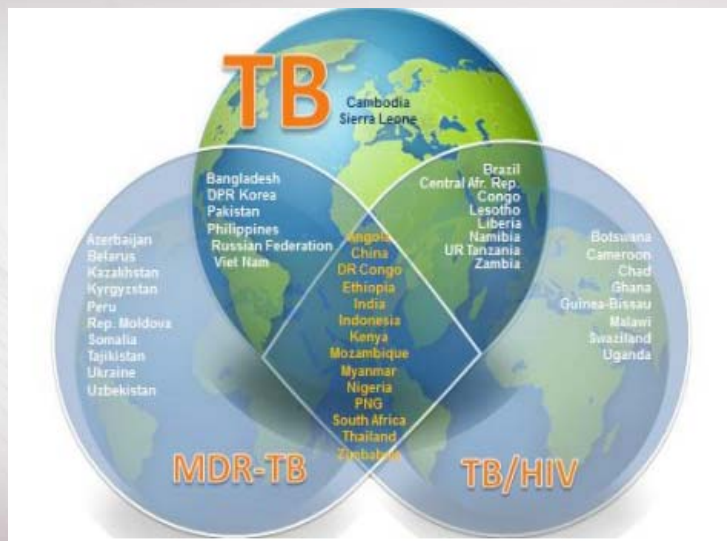
A Peek into the Medical Guidelines for Refugees

- Where they were born determines what type of medical screening and/or treatment is necessary before travel
- Rigorous medical testing is done on U.S. territory

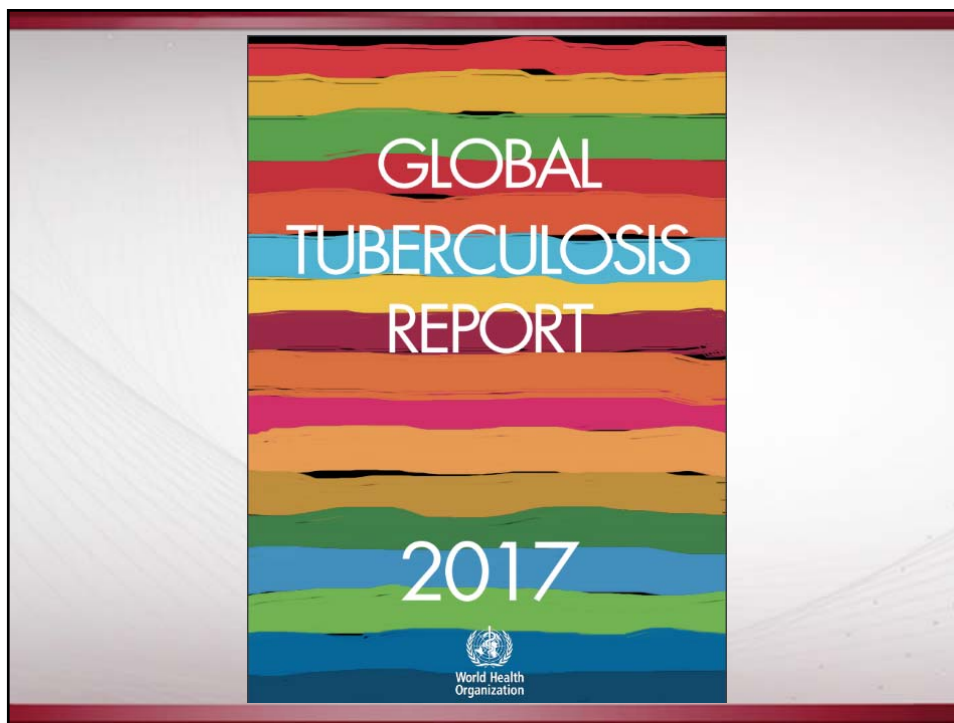
| | |
|--------------------------------------|---|
| Recommended for All Refugees | <ul style="list-style-type: none"> • Complete blood count with a white blood cell differential and platelets • Urinalysis (if old enough to provide a clean-catch urine specimen) • Infant metabolic screening in newborn infants, according to state guidelines |
| Recommended for Specific Populations | <ul style="list-style-type: none"> • Serum lipid profile¹ • Cancer screening² • Uric acid (for Hmong refugees) |
| Optional | <ul style="list-style-type: none"> • Serum chemistries and glucose |

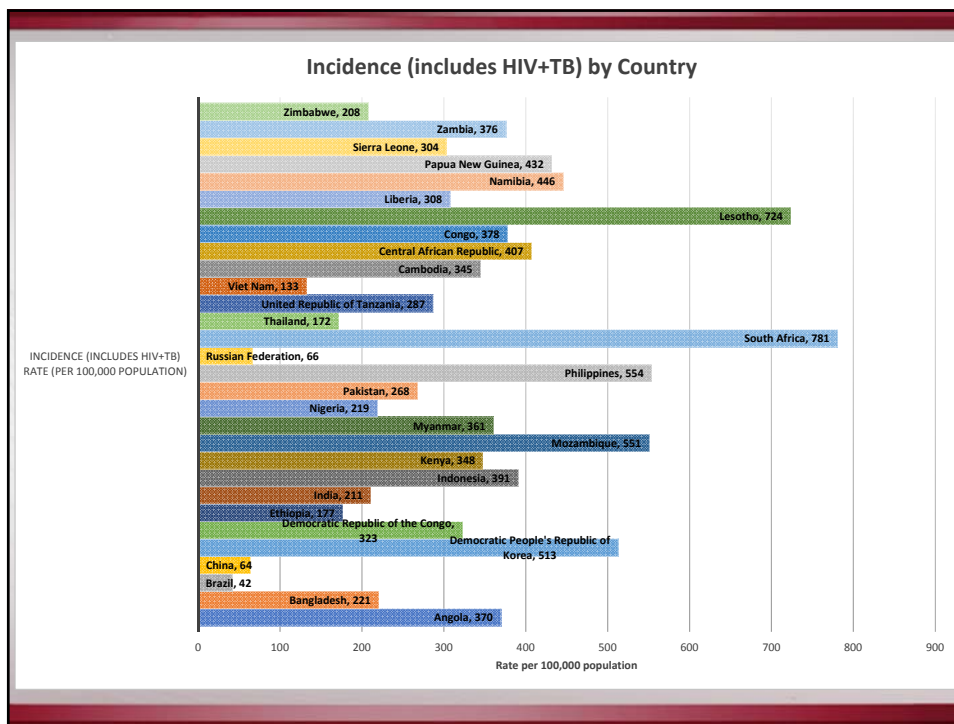


High Burden Country Lists for TB by WHO in the Post-2015 Era



<http://www.who.int/tb>





Immigrant and Refugee Notifications and Follow-Up

Ohio
Department of Health

Medical Screenings

A medical examination is mandatory for all refugees coming to the U.S. and all applicants outside the U.S. applying for an immigrant visa.

Panel Physicians: Outside the U.S., medical examinations are performed by approximately 600 physicians (panel physicians) selected by U.S. Department of State consular officials.

Civil Surgeons: In the U.S., medical examinations are performed by approximately 5,000 physicians (called [civil surgeons](#)) designated by district directors of the USCIS.

The CDC Division of Global Migration and Quarantine (DGMQ) is responsible for providing the Technical Instructions to civil surgeons and panel physicians.



Why do we need TB Classifications?

TB classifications give information on whether an individual has active disease, evidence of disease, suspected latent TB infection, or is a contact to a recent known case of TB.



Classifications of TB

Class B1

Pulmonary

- No treatment (have had an exam or CXR suggestive of pulmonary TB, but three negative sputum)
- Completed treatment with negative sputum three times

Extrapulmonary

- Evidence with anatomic site documented

Class B2

LTBI Evaluation

- Applicants have had a positive skin test or positive IGRA

Class B3

Recent Contact to Known TB Disease Case

- Treat like a contact to a domestic TB case
- Not very common



Patient Follow-Up

The paperwork may look like everything is complete on the evaluation, but

REMEMBER...

ALL B1 and B2 arrivals need at least a new diagnostic evaluation for active disease, including a TST, IGRA and chest x-ray.



What Are the Differences Between B1 and B2 Evaluations?

B1

A person in this class is considered a TB suspect until they have completed follow up

- Give an IGRA unless a documented positive test is available.
- Perform a chest x-ray (CXR), regardless of CXR performed overseas.
- Evaluate for signs and symptoms.
- Review TB treatment history with the patient.
- Collect sputum for testing (smear and culture to determine TB diagnosis).

B2

A person in this class is considered to have latent TB infection

- Give an IGRA unless a documented positive test is available.
- Perform a chest x-ray (CXR), regardless of CXR performed overseas.
- Review TB treatment history with the patient

Steps for Follow-Up

1. Check to see if the immigrant/refugee has already contacted the TB Control Unit.
2. If they have not, then make a telephone call to the home of the immigrant/refugee, sponsor or relative within five business days after receiving the notification. Arrange for the immigrant/refugee to come in during clinic hours at the health department and/or arrange for the patient to see a medical provider.

Follow-Up (cont.)

3. If the immigrant/refugee does not contact the TB Control Unit within 10 business days of the telephone call, send a letter to the home of the immigrant/refugee, sponsor or relative.
4. If the immigrant/refugee does not contact the TB Control Unit within 10 business days of the letter, make a visit to the home of the immigrant/refugee, sponsor or relative.




Follow-Up (cont.)

5. Complete all TB Follow-up Worksheet information. This form is essential for the state TB Program to conduct statewide surveillance, follow up on all B1 and B2 arrivals, and report results to the CDC.


The image shows a detailed 'TB Follow-Up Worksheet' form. It is divided into several sections: A. Demographic information (including name, age, gender, date of birth, and type of visa); B. Interfederal information (including state of residence and sponsor details); C. Medical information (including TB test results, IGRA results, and history of previous TB or IGRA tests); D. U.S. immigration and domestic CBK status; E. U.S. domestic CBK status; F. U.S. surveillance and treatment status; and G. U.S. surveillance and treatment status. The form contains numerous checkboxes and fields for data entry, such as 'Was a TB test administered?', 'Was IGRA administered?', and 'Completed treatment pre-immigration?'. It also includes fields for dates, names, and addresses.

Evaluation End Points




Evaluation completed

Completed evaluation, diagnosis made, treatment recommended if necessary




Evaluation initiated, not completed

Follow up has been started BUT the person moved, lost, refused or died



Evaluation not initiated


Follow up was not initiated because the person could not be found, moved, lost, refused, or died



What is the Timeline?

Class B follow-up started within one month.

| U.S. Evaluation | Timeline (from arrival) |
|----------------------------------|-------------------------|
| Initial U.S. medical examination | 30 days |
| Review of overseas CXR | 30 days |
| Domestic CXR and comparison | 30 days |
| Sputum collection for testing | Less than 3 months |
| Review of overseas treatment | 30 days |
| Evaluation Disposition | |
| Disposition | 90 days |
| Diagnosis | 90 days |
| U.S. Treatment | |
| Treatment initiated | 90 days |
| Treatment completed | Less than 9 months |



What is changing in 2018?

DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Division of Tuberculosis Control

Office of Tuberculosis and Respiratory Diseases

News Update: Tuberculosis Technical Instructions for Panel Physicians and Civil Surgeons

August 14th, 2018

Dear Colleagues,

The new Tuberculosis Technical Instructions (TB TI) for Panel Physicians and Civil Surgeons have been finalized. These new requirements will go into effect October 1, 2018 and the documents will be posted online in the next few weeks. These documents contain some new requirements for panel physicians screening immigrants and refugees overseas, and civil surgeons screening lawful permanent resident applicants in the United States. The changes will affect the qualifications and test results that health departments receive from panel physicians and civil surgeons, and the major changes are outlined below:

Changes for Panel Physicians screening immigrants and refugees overseas:

- Old 2009 TB TI required the following: KRA or TST testing on all applicants 2 through 14 years of age in all countries with a WHO-estimated tuberculosis incidence rate of ≥20 cases per 100,000 population.
- New 2018 Panel Physician TB TI state the following: KRA testing is required for all applicants 2 through 14 years old who are being screened in countries with a WHO-estimated tuberculosis incidence rate of ≥20 cases per 100,000 population. KRA must be performed for these applicants if a US Food and Drug Administration (FDA)-approved KRA test is licensed for use in the country in which the panel physician is practicing. If KRA is not licensed for use in the country, TST should be used for these applicants. Current US clinical practice guidelines suggest using TST rather than an KRA in healthy children <5 years of age; some pediatric experts use KRA for children as young as 2 years old (Ref Book 2018). Because of pragmatic concerns in the setting of this examination, panel physicians overseas must use an KRA as defined in these instructions for all applicants 2 years through 14 years of age.
- Old 2009 TB TI classified applicants who had completed directly observed therapy (DOT) or an approved site as Class B1 TB, Pulmonary.
- New 2018 Panel Physician TB TI state the following: Applicants who were diagnosed with tuberculosis by the panel physician or presented to the panel physician while on tuberculosis treatment and successfully completed directly observed therapy under the supervision of a panel physician prior to completion will receive a classification of Class B0 TB, Pulmonary. This classification will be used in the results section until a field can be created in the next version of the Department of State (DS) form.

Changes for Civil Surgeons screening applicants for status adjustment to lawful permanent residence in the United States:

- Old 2009 TB TI required the following: KRA or TST was used for all applicants 2 years and up. A chest x-ray was required when TST or KRA was positive.
- New 2018 Civil Surgeon TB TI state the following: All applicants 2 years of age or older must have an KRA performed. Current US clinical practice guidelines suggest using TST rather than an KRA in healthy children <5 years of age for whom it is decided that diagnostic testing for tuberculosis disease is warranted; some pediatric experts use KRA for children as young as 2 years old (Ref Book 2018). Because of pragmatic concerns in the setting of this examination, civil surgeons must use an KRA as defined in these instructions for all applicants 2 years of age or older. A chest x-ray is required for all applicants with a positive KRA result.
- Although it was always intended that TST and KRA testing and chest x-rays would be performed by the civil surgeons (and not health departments), the new 2018 Civil Surgeon TB TI state the following: Civil surgeons must not refer applicants to a health department for KRA testing or chest x-ray; all KRAs and chest x-rays ordered by civil surgeons must be performed independently of a health department.
- Old 2009 TB TI recommended that civil surgeons contact their health departments about whether they wanted to receive reports of LTBI. However, many health departments reported that they would like to receive the reports, and are not receiving them.
- New 2018 Civil Surgeon TB TI state the following: Applicants with a positive KRA result and chest x-ray not suggestive of tuberculosis disease, no known known HIV infection, and no signs or symptoms of tuberculosis disease have LTBI. The positive KRA result must be communicated to the applicant. Then the applicant's name, contact information, KRA results, and chest x-ray results must be reported to the health department of jurisdiction. Nationwide health departments have different systems for managing LTBI. For this reason, civil surgeons must proactively communicate with the health department of jurisdiction to coordinate reporting. For applicants diagnosed with LTBI, the I-693 can be completed and given to the applicant. Civil surgeons must ensure that applicants that their LTBI diagnosis has been reported by the local health department and should advise the applicant that follow-up treatment is important to prevent tuberculosis disease. Although not required to complete the status adjustment process. Of note, the 2018 TB TI do not require health departments to contact these applicants or provide treatment for LTBI.

In addition to these changes, there are many other edits, clarifications and minor changes to the new TB TI which we hope will make the process easier to understand and implement. Notifications will be sent when the new TB TI are posted online in advance of the October 1, 2018 implementation date.

Sincerely,
 James Regan, MD, MPH
 Medical Assessment and Policy Team
 Immigrant, Refugee and Migrant Health Branch
 Division of Global Migration and Quarantine
 Centers for Disease Control and Prevention



A New Classification?

YES!

Coming October 1, 2018



B0 (zero) Pulmonary

Applicants who were diagnosed with TB overseas and successfully completed treatment with DOT prior to immigration

Changes for Panel Physicians Screening

- New 2018 guidelines require use of U.S. Food and Drug Administration approved IGRAs
- If the IGRA is not licensed for use in the country where the Panel Physician is practicing then use a TST

Changes for Civil Surgeons Screenings

Previous TB requirements

- IGRA or TST was used for all applicants 2 years and over. A chest x-ray was required when an IGRA or TST was positive.
- 2008 recommendations- civil surgeon to contact the health department about receiving LTBI reports

NEW 2018 guidelines

- **All** applicants 2 years or older **MUST** have an IGRA performed
- **All** positive IGRAs still must have a chest x-ray
- Civil Surgeons must pro-actively communicate with the local health department

News/Update: Tuberculosis Technical Instructions for Panel Physicians and Civil Surgeons
August 14th, 2018



Thank you!



Contact information:

April Justice, RN
(614) 644-8150

April.Justice@odh.ohio.gov



28

References

- <http://www.who.int/tb/data/en/>
- <https://www.cdc.gov/immigrantrefugeehealth/guidelines/domestic/tuberculosis-guidelines.html>
- TB Notifications – Ohio Department of Health, <https://www.odh.ohio.gov/-/media/ODH/ASSETS/Files/bid/tuberculosis-control/tbnotifications.pdf?la=en>
- <https://www.cdc.gov/ncezid/dgmg/>